



RED RANGE PUBLIC SCHOOL



Newsletter Term 4 Week 7 2020

Stage 3 Leadership Excursion





Principal News Ms. Nicole Hutton

Wow what an amazing time the stage 3 students had at Coffs Harbour this week. It was great to explore the area and attend some of the local attractions.

Next week school captain speeches will be held on Tuesday the 1st of December. Students and staff will vote for the 2021 school captains on Tuesday and the students will be presented with their badges at our Presentation Day Assembly.

Our Presentation Day Assembly this year will be different to previous years due to Covid-19. This year our assembly will only be able to be attended by students and staff. We apologise for any inconvenience this causes. We will be posting photos of the children on Facebook after the event.

Our school swimming will take place during week 9 of this term. All notes must be returned as soon as possible to ensure that your child can participate.

Finally, the P & C will be holding a Christmas Raffle to be drawn at our Presentation Day Assembly. Tickets will be sent home today. Donations of food items for the hampers will be gratefully accepted.

Have a great week!

Parent/student evening at GIHS

Year 6 students coming to Glen Innes High School in 2021 and their parents/carers are invited to an information evening on Wednesday 9 December 2020. It will take place at 6:30pm in Glen Innes High School's Old Hall.

Please don't forget to call Glen Innes High School's office on 6732 1322 to book an enrolment interview for your Year 6 child if you haven't done so yet.



YEAR 6 TRANSITION IGNITION
PARENT/STUDENT INFORMATION SESSION



Attendance Tip

If your child is going to be away for an extended period of time please contact the school to discuss completing the appropriate forms for an extended absence.

P&C NEWS

Next Friday 4th December will be the last canteen day for 2020!

Christmas Hamper Raffle
Tickets have been sent home today!

Donations of food items for the hampers gratefully accepted.



Miss Davis – 28th November
Mrs Jane – 1st December



Mindful


Self-Motivated

Brave

Gritty

Red Range Public School Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30th November Library Scripture (last day)	1st December Captains Speeches	2nd December	3rd December Presentation Day Student & Staff Only Event	4th December Sport Last Canteen of the year
7th December SWIM SCHOOL	8th December SWIM SCHOOL	9th December SWIM SCHOOL Parent/student info night at GIHS 6.30pm	10th December SWIM SCHOOL	11th December SWIM SCHOOL
14th December Pool Fun Day 	15th December	16th December Last Day of Term For Students!		



NO SCAREDY CATS

Parentshop
lifelong behaviour change

No Scaredy Cats

REDUCING ANXIETY & BUILDING RESILIENCE SKILLS IN 2-12 YEAR OLD CHILDREN

PARENT EDUCATION COURSE

AT Armidale Family Support Service (ONLINE)

AT 9:00am - 3pm ON 30th November

PARENTS WILL LEARN

- An overview of how a well-honed theory of parenting (what you need to repeatedly do) can assist parents to manage children's worries.
- Coverage of how some misguided policies are making parents and children more anxious.
- The brain including how the pre-frontal middle cortex and the amygdala operate, and where fear and anxiety originates.
- Commonly misused phrases and cognitive distortions used by children and their peers.
- A helicopter view of what risks we can allow and which require us to keep children safe.
- 'Traps and trip wires': what to do when a child's amygdala starts to play-up.
- Memorable strengthening sayings, questioning strategies and mindfulness exercises.

PARENTS RECEIVE

- A workbook to apply the concepts learnt to their families
- A certificate of completion

WHO IS RUNNING THE COURSE

The course facilitator is: Kye Single
who completed No Scaredy Cats practitioner training on June 2020

REGISTER TODAY

<https://www.stickytickets.com.au/unit7d>

Any queries call 02 6772 7243 or kye@familysupport.org.au

Parentshop has helped over 110,000 people. Our trainers are qualified professionals who are experienced in working with children, youth and families.

JOIN OVER 12,500 PROFESSIONALS TRAINED BY US

This course is being facilitated by a Parentshop licenced practitioner

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Send a Card to Santa

and receive a card from Santa in return






- Choose one of the four titles
- Each card comes with a wooden ornament to keep
- Follow the steps to send your card to Santa
- Track your child's card to and from the North Pole
- Download and print Christmas activities
- Visit santa.koalacards.com.au for all the details



\$10 each

Purchase from santa.koalacards.com.au
or Spotlight Stores

RED RANGE PUBLIC SCHOOL



Integrity - Excellence - Respect

A Small School Achieving Big Outcomes!



Enrolling now for 2021



To discuss your transition needs please contact the school:

Phone: 0267342257

Email: redrange-p.school@det.nsw.edu.au

Website: <http://www.redrange-p.schools.nsw.edu.au>

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