

Red Range Public School Newsletter



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Issue 26 - Term 3 - Week 10

Monday, 19 September 2011

Head Lice

Head lice are very common, we can all get them. They have no preference for particular groups. Young children attract them more easily because of head to head contact during play. Early detection is vital for the effective management of this problem. Attached is an information sheet with some tips for controlling head lice. As there have been some reports of children with head lice it is essential that all children have their hair checked and treatment commenced immediately if lice are found. Treatment should continue until no lice have been found for 10 consecutive days.

SMASH

The SMASH program is an innovative sports and skills based program geared for kindergarten to year 6 children. SMASH is taught by using modified sporting equipment to suit the size, strength and ability of each individual. The activities are designed to improve hand-eye coordination and the enrichment of motor skills (gross motor) movement and control, perception along with teamwork. It also promotes bilateral movement, which encourages use of both left and right brain hemispheres. The program runs each Friday during term 4. Permission notes are attached to this newsletter and must be signed and returned to school before the children can participate in the program. The cost of participation in the SMASH program is covered by the student contribution that each child has previously been charged. Parents who have not paid this contribution are asked to do so before their child/children can participate in this program. Please contact the school to arrange an alternative payment plan if this is not possible.

Tips for getting kids physical

- Choose activities that your child already has some skill in to build confidence, eg don't choose tennis if they have difficulty with ballgames.
- If they don't like traditional sports, try recreationally focused activities such as skateboarding, cycling or flying a kite.
- Organise occasions where your child can be active with or around other children so they can experience some success among their friends and develop confidence.
- Drop the kids off two blocks from school and watch them walk in.
- Explore different ways of being active, eg starting a garden provides a tangible reason to be active every day.
- Build physical activity into the daily routine, eg active travel, or 30 minutes of physical activity before starting homework.

AWARDS

Marika Patterson – Great participation in Sport.

Laytone Donaldson-James – A great Captain Cook journal entry.

Elierha Fields – Great effort in Science.

Maleika Speedy – Great mapping skills.

Jeremiah Boney & Dominic Holt – Showing a caring attitude in the playground.

Year 6 to Year 7 transition program

Just a reminder for the year 6 students who will be participating in the Drama workshops on Wednesday afternoon's at the High School next term that the first workshop will be on 12th October 2011. Workshops will be held each week for 4 weeks.



Education &
Communities

We acknowledge the Ngorabul people as the traditional custodians of this land.

SUPER SPELLERS

Chloe J Rachel Amy Jaimie
Jada Marika Elierha Sophiea
Laytone James Bryce Dominic

Super Readers

Izarha Taneekwa

Mathletics Awards

Gold Awards

Lochlan Casson (1100 points).

Silver Awards

Jacinta Donaldson-James (1750 points) & Nathan Jones (1470 points).

Bronze Awards

Jaimie Loeb (2685 points), Maleika Speedy (3180 points), Taneekwa Patterson (1950 points), Emily Shannon (1200 points), Laytone Donaldson-James (1790 points), Jada Fields (2670 points), Marika Patterson (2190 points) & Rachel Jones (1420 points).

PLAYGROUP

Playgroup will recommence for Term 4 and will be held each Friday from 9.00am – 11.00am. Parents with children under 5 years of age are welcome to come along and join in with fun games and activities. Hope to see you there.

Shopping Vouchers/Dockets

The 'Woolworths Earn and Learn' promotion finished on Sunday 18th September 2011. If you still have any dockets at home please send them in to school this week. It looks like a lot of dockets have been put in our collection box at Woolworths which will be collected this week and added to our tally. Don't forget to keep collecting the Bi-Lo vouchers over the holidays. This promotion finishes 18th October 2011.

Our tally so far:

Woolworths	847
Coles/Bi-Lo	2384

Homework

As the end of the school term is approaching we would ask that all homework books and

Home/School Readers be returned to school this Thursday.

Community Notices Kids' holiday camps

Sport and Recreation Kids' Camps are a great way to help your child develop in a fun, secure and professionally run environment. They'll try new things, make new friends and help shy children come out of their shell. Camps cater for children from 7-17 and include activities, accommodation, 24-hour supervision and nutritious meals. Supervised transport is also offered to and from most camps. Camps are located around Sydney and regional NSW. For more information and to book go to:

www.dsr.nsw.gov.au/kidscamps/index.asp

Dates to Remember

20 th September	Last day for Bookclub orders
23 rd September	Last day Term 3
24 th September	Red Range Sports Committee Social
28 th September	Rugby Union Development Day
3 rd October	Labour Day Public Holiday
10 th October	First day Term 4
11 th October	Closing date for Glen Innes High School Horse Sports entries
12 th October	Year 6 Drama workshop at Glen Innes High School
14 th October	Glen Innes High School Horse Sports
14 th October	PLAYGROUP and SMASH
18 th October	Closing date for Coles Sports for Schools promotion
19 th -20 th October	NSW PSSA Athletics – Homebush
16 th December	Last day of Term 4

Thought for the day

Do not choose to be wrong for the sake of being different.

Lord Samuel

ABSENTEE NOTICE

STUDENT'S NAMEDATE OF ABSENCE.....

REASON FOR ABSENCE

SIGNATURE OF PARENT.....



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