

Red Range Public School Newsletter



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Issue 10 - Term 2 - Week 2

Monday, 2 May 2011

Small Schools Cross Country

Ben Lomond Public School will be hosting the Small School's Cross Country again this year. Students from Ben Lomond, Red Range and Wytaliba will be attending this event. All age groups will be catered for and selections will be made for children to attend the District Cross Country at Tenterfield on Friday 20th May 2011. Parents and carers are most welcome to travel to Ben Lomond to join us for the day. Lunch will be available at a cost of \$5 per person for either a Hot Chicken Roll or a Hot Dog both with a popper. Permission notes have been sent home today and should be returned to school by **Friday 6th May 2011**. Please indicate on the permission note if you would like to order lunch for your child. Money for lunch orders should be sent in with the note.

Attendance at School

It is important to let the school know when and why your child is away from school. We require parents to either send in a written note explaining the absence or to phone the school. A copy of an absentee notice will be included at the end of all future newsletters to assist parents with this. This should be sent to school with your child on the day they return to school. Failure to do so will result in an unexplained absence being recorded.

SUPER SPELLERS

Week 11

Emily Chloe A Sophiea Dominic

AWARDS

Emily Shannon & Bryce Chard – Excellent exposition writing.

Mervyn Nicholls & Malieka Speedy – Great maths work on the computer.

Jada Fields – Clever maths work.

Dominic Holt – Outstanding mathematics.

Jeremiah Boney, James Williamson & Sophiea Speedy – Excellent mathematics.

Back to School Healthy Lunchboxes

With the kids back at school it is time to look at what you are packing. Kids need a healthy lunch to help them to concentrate through the rest of the school day. As kids eat most of their lunches at school, the foods available set the standard for what is considered normal. If it's not healthy, they're getting the wrong message each day. Here are some ideas for tasty but healthy lunchboxes.

- Fruit is essential each day – bananas, apples, mandarins, grapes and berries are no fuss items. You can use tubs or canned fruit but look for the ones in natural unsweetened juice rather than syrup.
- Carrots or cherry tomatoes are easy snacks.
- A frozen water bottle keeps food fresh and gives kids a cool, healthy drink.
- If your kids complain about soggy sandwiches try low fat, wholemeal crispbreads and crackers.
- Check the fat and sugar content of muesli or cereal bars. They should be eaten as a treat rather than a daily snack.

More information www.goodforkids.nsw.gov.au



Education
& Training

We acknowledge the Ngorabul people as the traditional custodians of this land.

NAPLAN Testing

National Assessment Program Literacy and Numeracy testing will take place on Tuesday 10, Wednesday 11 and Thursday 12 May 2011. Every year, all students in Years 3, 5, 7 and 9 are assessed on the same days using national tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy. The results help determine if students are reaching important educational outcomes. More information: www.nap.edu.au

Bookclub

Scholastic Bookclub orders forms are being sent home with the children today. Orders are to be returned to school by Tuesday 17th May 2011.

PLAYGROUP

Welcome back to Term 2 of our Playgroup. I hope you all had a fabulous holiday and got a visit from the Easter Bunny. Remember Playgroup is on every Thursday between 9-11 at our school and all are welcome to come along and join in with fun games and activities. This week we are cooking "Chocolate Crackles". Hope to see you there.

Miss Gunther

Community Notices

Walk safely to school - On Friday 20 May, leave the car at home and walk, ride, bus or train the kids to school safely as part of Walk Safely to School Day. The day promotes fitness, road safety, public transport and the environment. For more information, a student writing competition and healthy breakfast ideas go to: www.walk.com.au

Dates to Remember

6 th May	Return permission note and lunch order for Small Schools Cross Country
10 th , 11 th & 12 th May	NAPLAN Testing
13 th May	District Netball Trials – Glen Innes
13 th May	Small Schools Cross Country – Ben Lomond
17 th May	Last day for Bookclub orders
20 th May	Zone Cross Country – Tenterfield
23 rd May	Visit from Peter Pickett, School Education Director
13 th June	Queen's Birthday Public Holiday
17 th June	Regional Cross Country Coolah
1 st July	NAIDOC Creative Arts Day
1 st July	Last day of Term 2
18 th July	Pupil Free Day
19 th July	First day Term 3
22 nd July	NSWPSSA Cross Country Homebush

Thought for the day

We often discover what will do, by finding out what will not do; and probably he who never made a mistake never made a discovery.

Samuel Smiles

ABSENTEE NOTICE

**Education
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STUDENT'S NAMEDATE OF ABSENCE.....

REASON FOR ABSENCE

SIGNATURE OF PARENT.....