

# Red Range Public School Newsletter



Grafton Street, RED RANGE NSW 2370 Phone 02 67342257 or 02 67342301 Fax 02 67342202  
Email [redrange-p.school@det.nsw.edu.au](mailto:redrange-p.school@det.nsw.edu.au)  
Website [www.redrange-p.schools.nsw.edu.au](http://www.redrange-p.schools.nsw.edu.au)

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Monday, 30 August 2010

## What Can I Do

On Friday 10<sup>th</sup> September 2010 School Performance Tours will present the program 'What Can I Do?' This production looks at the fragility of our environment, the food chain and endangered species. Students learn how interdependent animals, plants and we humans are and how what we do today can have effects on our planet for many years to come.

## Australian Maths Challenge

The Commonwealth Bank and Athletics are proud to present the Commonwealth Bank Australian Maths Challenge. The challenge will take place as part of National Literacy and Numeracy Week activities. Our students will take part in the Challenge tomorrow and will compete with other students from all over Australia.

## National Asthma Week

*Breathe easy – Kids and asthma medications*

The aim of good asthma management is to ensure your child can lead a normal healthy life, while taking only as much medication as is needed to stay well and avoid asthma attacks. Children should have regular reviews with their doctor to check their medication, any symptom issues and update their action plan. It is important that the people caring for your child are aware that they have asthma. You should keep them informed if there have been any recent changes to your child's medication or condition, and make sure you give them a spare reliever medication just in case they need to help your child. More questions? Please visit [www.asthmafoundation.org.au](http://www.asthmafoundation.org.au) or call the Infoline 1800645130



Coles Sports for Schools – sporting support for everyone! At Coles, we're passionate about quality, fresh food and helping Aussie kids lead an active lifestyle – that's why we've teamed up with our national ambassador Cathy Freeman to launch the Coles Sports for Schools program. From Thursday 2 September until Sunday 31 October 2010, every \$10 spent\* at Coles or Bi Lo Supermarkets will earn customers a Coles Sports for Schools voucher worth 1 point. Students can collect vouchers from their family, friends and neighbours and drop them into the voucher collection box at the front office. At the end of the program we can redeem the vouchers for some great sports equipment.

## AWARDS

**Laytone Donaldson-James & James Williamson** – A super effort with writing.

**Laytone Donaldson-James** – Improved effort in class.

**Bryce Chard** – Great effort in Area and Perimeter.

**Jeremiah Boney** – Great effort using area and perimeter.

## SUPER SPELLERS

Chloe	Hope	Emily	Courtney
Katie	James	Lochlan	

# Home Bake

This week's 'Home Bake' special will be:-

Honey Soy Chicken Drumsticks      \$1.50  
Hot Milo      .50c

## PLAYGROUP

This week we will be making 'Crowns'. Next week the children will be doing a 'Father's Day' craft activity. There will be no 'Playgroup' on the 16<sup>th</sup> September 2010 due to other school commitments on that day.

### Community Notices

**Free Skin Cancer Checks** – New England Skin and Medical Clinic is running an 'Early Diagnosis of Skin Cancer' clinic – free of charge, until the end of the September-October 2010 school holidays. In recent years the number of melanoma cases has increased significantly – at least 1 out of 100 diagnosed skin tumours is a malignant melanoma. New England Skin and Medical Clinic uses a technologically advanced, digital mole mapping technique which identifies and tracks changes in skin lesions at a microscopic level. Phone 67326688 for an appointment and let the staff know you are responding to the school 'Early Diagnosis of Skin Cancer' clinic.

### Dates to Remember

1 <sup>st</sup> – 7 <sup>th</sup> September	National Asthma Week
2 <sup>nd</sup> September – 31 <sup>st</sup> October	Sports for Schools program
3 <sup>rd</sup> September	Regional Athletics Carnival – Tamworth
3 <sup>rd</sup> September	Return book club orders
6 <sup>th</sup> September	Closing date for St Nicholas School Horse Sports entries
7 <sup>th</sup> September	Visit from GI Little Athletics representative
10 <sup>th</sup> September	Visiting Performance – What can I do?
10 <sup>th</sup> September	St Nicholas School Horse Sports Tamworth
15 <sup>th</sup> September	Transition to High School meeting
16 <sup>th</sup> September	Football Development Clinic
16 <sup>th</sup> September	No Playgroup this week
22 <sup>nd</sup> September	High School Orientation
24 <sup>th</sup> September	Last day of Term 3
4 <sup>th</sup> October	Labour Day Public Holiday
11 <sup>th</sup> October	First day of Term 4
20 <sup>th</sup> – 21 <sup>st</sup> October	NSW PSSA Athletics – Homebush
15 <sup>th</sup> – 18 <sup>th</sup> November	Coffs Harbour Swimming School

### Thought for the day

If opportunity doesn't knock build a door.

Anon