

Red Range Public School Newsletter



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Issue 29 Term 3 – Week 7

Monday, 7 September 2009

Garden Court Visit

Last week members of the Garden Court Centre came to visit our school. After lunch the students read their work to



our visitors and showed them around the classrooms and the playground. The students and our visitors had a very enjoyable day. Thank you to the Garden Court Centre for providing lunch for all the students.



Lower Division News

Rochelle Maybon, who is currently studying Early Childhood at UNE in Armidale will be working with the Lower Division Class. The children will be enjoying the text 'The Hungry Caterpillar' and learning about life cycles. During maths K – 2 will be learning about time. You may like to assist your child in their learning of time by talking about time eg we are going to the dentist at 4 o'clock, we have dinner at 7 o'clock.

Super Spellers

Week 6

Nic Braiden Bailey Hope Josh

Upper Division News

Upper Division have been learning how to write descriptions of characters in order to influence the reader to like or dislike them. Last week

this was based on characters from our Fantastic Mr Fox book and students will now be using this technique to describe their own characters.

Good for kids Good for life

What parents can do – Leading by example

Parents can have a huge influence over their children's interest in physical activity. You don't have to be a 'sporty' parent to support your kids to be physically active, nor do you have to use expensive equipment or be involved in organised sports groups. Just being involved and giving a bit of encouragement can go a long way to motivating kids to be more active. Active parents mean active children.

- Encourage play from an early age (but remember, it's never too late to start)
- Be an active role model and have a positive attitude towards physical activity
- Become an active family – take part in physical activity together such as going for a walk, riding bikes, swimming or dancing together
- Choose birthday and Christmas gifts that encourage children to be active such as a tennis racquet, bike, balls or Frisbees
- Make games or activities that involve physical activity fun and interesting rather than highly competitive eg hide and seek, twister, chasings, hopscotch etc
- Ask your child what physical activities they want to do and set goals together about what they would like to achieve each week
- If your child has not been active for a while start them off slowly with basic skills eg throwing and catching, so they can increase their confidence to tackle more complex activities like playing organised sport

- Support a sports team and venture out to attend their games
- Set time limits on sedentary activities such as computer and watching TV
- Encourage and support your child's effort in organised sport, watch their games and cheer them on from the side-line
- Check out the website <http://www.measureup.gov.au/internet/abhi/publishing.nsf/Content/Tips+for+getting+active-lp> for tips on getting active

AWARDS

James Williamson – Being a wonderful, helpful class member.

Jacob Cotten – Being a wonderful, helpful class member.

Martin Williamson – Being a wonderful, helpful class member.

Jordan Heinz – great practice in counting to 10.

Bailey Ratliff – Improving in Guided Reading.

Nicholas Ratliff – Improving in Guided Reading

Harmony Cotten – Taking initiative to show the Garden Court visitors around our school

Emily Shannon – Fantastic results in Maths

Kellie Guest – For effort into "Life on the Goldfields" mind map

Happy Birthday

25/9/09 Jacob Shannon

12/9/09 Nicholas Ratliff

New School Website

Our school has a new website. The newsletter and other information will be added to this website each week. Click on the following link to see the new website: <http://www.redrange-p.schools.nsw.edu.au>

HOME BAKE

The 'Home Bake' special this Friday will be:-

Nachos \$1.50
Hot Milo .50c



Community Notices

NSW Sports and Recreation Cricket Coaching Clinic – For girls and boys 7 to 9 (junior) & 10 to 14 (youth) at Wilson Park 15th October 2009. Participants will receive a balanced program of activities including Batting technique, bowling skills, game knowledge development, throwing/catching & fielding skills. Juniors from 10am – 12pm \$15, Youth 1pm – 4pm \$20. Closing date for enrolments 7th October 2009. Forms available from the office or phone 67661200 for more information.

Dates to Remember

7 th – 11 th September	Fruit & Veg Week
8 th September	Athletics Squad Training at Wilson Park 3.45pm
9 th September	Asthma Education Inservice
11 th September	Bendemeer & District School Horse Sports Day
15 th September	Athletics Squad training at Wilson Park 3.45pm
22 nd September	NW Regional Athletics Carnival – Tamworth
21 st -22 nd September	CAP/PSP Development Day
28 th – 29 th September	Connected Classroom Training
30 th September	Dana Parkhurst – Accelerated Literacy
2 nd October	Last day of Term 3
3 rd October	Newton Boyd Family Fun Day
5 th October	Labour Day Public Holiday
15 th October	NSW Sport and Recreation Cricket Coaching Clinic – Wilson Park
19 th October	First day of Term 4
28 th -29 th October	PSSA Athletics Carnival Homebush
31 st October	Anglican Church Fete
1 st – 6 th November	Senior Leadership Excursion

Thought for the day

The past is a source of knowledge, and the future is a source of hope. Love of the past implies faith in the future.

Stephen Ambrose